



**Ka 'Ano'i**  
traditional

1. (2 hds start @ hipup Mt. to Rt,p/u)(L-hi,R-open,p/u)(L@heart,R-reach out & to heart)(roll )  
**Aia i**                      **Alaka'i**                      **ka**                      **'ano'i**  
 V-R imua                      V-L ihope                      Sway R-frwd,L-bk                      'ōniu R-L-R

(L-pua, then R-touch L & make pua w/Rt) (Love.....)  
**Nā pua keu a**                      **ke**                      **aloha**  
 K-L 2X                      L-R-L around island &                      Sway R - L

(1 handed V-R & L)

2. (L@ heart, R-out & to heart) (2 hds hi-center, dn either side.p/u)(reverse)  
**He aloha kau**                      **mau**                      **loa**  
 kāholo nahe (8X Rt)                      Ō-imua L                      Ō-ihope R

(2 hds out & to self)(2 hds point Rt)                      (L-hd slowly outline body, R@ hip)  
**A no'u**                      **kō 'ia 'ala**                      **kekahi**  
 V-L                      V-R                      around island 8X L-R-L-R-L-R-L (toward R-shldr)

3. (open R-from self) (pick & show pua L) (pua @ chest, & pua L-to front- to chest)(reverse)  
**'Oia lā**                      **ka pua**                      **i poni**                      **'ia**  
 V-R                      hela L - R                      Ki'iwāwe L                      & L

(R-reach behind & bring grasp at center)(reverse) (slowly bring to hds to center, then fists 1-2-3)  
**I kukuni**                      **pa'a 'ia**                      **'i - 'ini.**  
 step bk w/L w/ami hema,reverse ('au'a'ia)                      'ami kūkū 'ākau

4. (4X wrist turn up body)                      (2 hds out & to forehead) (2 hds center of forehead & out)  
**He 'i'ini kau na**                      **ka mana - - 'o**  
 'ami 'ākau 4X turning to Rt                      V-L                      Sway R-L

(R-p/u arch dn body toward L)(R-reverse) (L-hd down body, R@ hip) (reverse)  
**No hali'a**                      **hana mau**                      **i ke**                      **kino.**  
 V-R                      V-L                      K-R                      K-L

5. (2 hds outline body, up to dn)                      (L-up, R-mouth out,p/u) (reverse)  
**Ku'u kino ka i**                      **lono i ka**                      **leo**  
 Sway frwd 4X                      K-R                      K-L

(pause, clap! R & L)                      (2-hds touch shldr & fly)                      (2 hds mt to L)  
**I ke kani a ka**                      **manu**                      **o uka.**  
 Walk sway imua R & L                      K-R 2X                      V-L

6. (L-up, R-mouth/out)                      (2-hds mouth/out & "pau")  
**Ha'ina ia mai**                      **ka puana**  
 Kāholo nahe R - 8 counts                      V-L & step back R

(L-pua, then R-touch L & make pua w/Rt) (Love.....)  
**Nā pua keu**                      **a ke**                      **aloha**  
 K-L 2X                      L-R-L around island &                      Sway R - L