

Silent Night/ Pō La'i E

Waltz tempo: R-frwd, L-back, R-to side, reverse (no tap)

(R-index to shhhh, L-under elbow)

1. **Silent night**

R - L - R L - R - L

(2-hds prayer)

Holy night

R - L - R L - R - L

(2-hds low cntr, together and spread,p/d) ((2-hds lift upward,p/u)

All is calm

R - L - R L - R - L

All is bright

R - L - R L - R - L

(2-hds up to down body)

Round yon virgin,

R - L - R L - R - L

(2-hds @self, & hold infant)

Mother and child

R - L - R L - R - L

(cradle and rock infant in arms.....R & L & R & L, eyes Rt)

Holy infant

R - L - R L - R - L

so tender and mild

R - L - R L - R - L

(2-hds "sleep" on Left)

Sleep in heavenly peace

R - L - R L - R - L

(2-hds "sleep" on Right)

Sleep in heavenly peace.

R - L - R L - R - L

(R-index to shhhh, L-under elbow)

2. **Pō la'i ē.**

R-L-R L-R-L

(2-hds prayer)

Pō kamaha'o

R - L - R L - R - L

(2-hds low cntr, together and spread,p/d) (2-hds lift upward,p/u)

Maluhia,

R - L - R L - R - L

Mālamalama

R - L - R L - R - L

(2-hds up to down body)

Ka makuahine

R - L - R L - R - L

(2-hds @self, & hold infant)

aloha ē

R - L - R L - R - L

Silent Night/ Pō La'i E

(cradle and rock infant in arms.....R & L & R & L, eyes Rt)

Me ke keiki

R - L - R L - R - L

hemolele ē

R - L - R L - R - L

(2-hds "sleep" on Left)

Moe me ka maluhia

R - L - R L - R - L

(2-hds "sleep" on Right)

lani

R - L - R L - R - L

(2-hds "sleep" on Left)

Moe me ka maluhia

R - L - R L - R - L

(2-hds "sleep" on Right)

lani

R - L - R L - R - L