

Hiki Mai E Ka Lā
Hula ka'i 'olapa

Kahea: Ae, Hiki mai e ka lā ma ka hikina....

(L @ chest, R~in front lele pos)
Hiki mai e ka Lā
V~R imua

(drop both hds low R, plms bk, give slight pull)
ma ka hikina *The sun rises from the east*
lele L & R

(R @ chest, L~in front lele pos)
Ke pi'i a'ela
V~L imua

(drop both hds low L, plms bk, give slight pull)
i Hana~ka~ulua *Climbing up to Hanakaulua*
lele R & L

(L @ chest, R~in front lele pos)
Ka hikina a ka lā
V~R imua

(drop both hds low R, plms bk, give slight pull)
ma Kumukahi *The sun rises at Kumukahi*
lele L & R

(R @ chest, L~in front lele pos)
Ka welona a ka lā
V~L imua

(drop both hds low L, plms bk, give slight pull)
i kau i Lehua *The sun sets at Lehua*
lele R & L

(L @ chest, R~in front lele pos)
E ho'oipo ana
V~R imua

(drop both hds low R, plms bk, give slight pull)
me Ha'eha'e *To flirt with Ha'eha'e*
lele L & R

(R @ chest, L~in front lele pos)
Me nā wahine
V~L imua

(drop both hds low L, plms bk, give slight pull)
noho kahakai *With the ladies who dwell by the sea*
lele R & L

(L @ chest, R~in front lele pos)
E ka'i mai ana
V~R imua

(drop both hds low R, plms bk, give slight pull)
E ka'i mai ana *Enter, enter....*
lele L & R

(R @ chest, L~in front lele pos)
E noho i ka hale
V~L imua

(drop both hds low L, plms bk, give slight pull)
(o) Hana~kau~lua *To dwell in the house at Hanakaulua*
lele R & L

(L @ chest, R~in front lele pos)
Ha'ina ia mai
V~R imua

(drop both hds low R, plms bk, give slight pull)
ana ka puana *Tell the refrain....*
lele L & R

(R @ chest, L~in front lele pos)
Ho'opuka e ka lā
V~L imua

(drop both hds low L, plms bk, give slight pull)
ma ka hikina *Of the sun rising in the east*
lele R & L

(hula pos. on Rt.....)
Ea la, ea la, ea...
uehe R & L & Kū

(From the collection of Lokalia Montgomery, as taught by Lani Kalama to P.Wright)
(note: I have not found these words in any printed material, and am uncertain about the place names Hanakaulua--this is the way it was given to me 7~9~86 by Auntie Lani)